



# How to Be a Great Host

*A great host sets the tone, protects the purpose, and makes everyone feel comfortable.*

## **Invite Thoughtfully**

- Invite people who will add warmth, respect, and openness.
- Avoid inviting anyone who might disrupt the sense of safety or focus.

## **Build Excitement**

- Share the purpose of the event and why their presence matters.
- Give a few conversation points so guests feel prepared.
- Let them know how you'll have fun activities, themes, or moments to look forward to.

## **Create a Shared Vibe**

- Choose something unifying like a color, pajamas, or an accessory. *Small shared elements help people feel connected from the start.*

## **Communicate Food & Beverage Options (Optional)**

- Share what you'll have available and offer a few choices to honor different needs.

## **Welcome & Guide the Space**

- Greet guests and help introduce them to one another.
- Gently guide conversations or energy if needed to protect the purpose.

## **End With Intention**

- Close with a brief reflection, gratitude moment, or takeaway before saying goodbye.